

(3) The Method of Salaah in the Light of Authentic Ahadith

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Raf ul-Yadayn (Raising The Hands In Salah)

Hazrat Jaabir Ibn Samurah (عنه ا لله رضي) relates that once Rasulullah (وسلم عليه ا لله صلى) came out of his house towards us and said: **"Why is it that I see you all raising your hands as though they are the tails of stubborn horses. Be tranquil in salaah."** [Sahih Muslim, Hadith 430]

This hadith alone makes it clear that *those narrations which mention the raising of the hands (during the salaah) were narrated prior to the prohibition of this practice.*

Proof from the PRACTICE of Rasulullah (وسلم عليه ا لله صلى)

Hazrat Abdullah Ibn Mas'ud (عنه ا لله رضي) said: **"Shall I not show you the manner in which Rasulullah (وسلم عليه ا لله صلى) performed his salaah?"** Thereafter he performed the salaah but *he did not raise his hands except at the beginning (of his salaah).* [Tirmidhi, Hadith no.257] This Hadith is classified Hasan. Ibn Hazm (ا لله رحمه) has declared it as sahih. Ahmed Shakir (ا لله رحمه) has also declared it as sahih.

Proof from the Practice of the Sahaabah (أجمعين عنهم ا لله رضي)

It is related that Hazrat Ali (وجهه ا لله كرم) **used to raise his hands at the time of the first Takbeer (during his salaah). Thereafter he did not raise them.** [Sunan al Bayhaqi]

(The commentators of Bukhari Shareef, Allaama Ibn Hajar (ا لله رحمه), Allaama Zayla'i (ا لله رحمه) and Allaama 'Aini (ا لله رحمه) have said that this narration and its chain of narrators is Sahih)

One should take note of the fact that the practice of Hazrat Umar, the remaining Khulafa-e-Raashideen, Hazrat Abdullah Ibn Mas'ud and many more Sahaabah (أجمعين عنهم ا لله رضي) was the same, that *they only raised their hands at the time of the first takbeer.* Imaam Tirmidhi (ا لله رحمه) also states that *this was the practice of a great number of the Sahaabah (أجمعين عنهم ا لله رضي).*

Jalsatul Istiraaha - Sitting briefly After The 2nd Sajdah Of The First Or Third Rakaat

In a narration from the ibn Sahl (عنه ا لله رضي) it is mentioned that Rasulullah (وسلم عليه ا لله صلى) **said the takbeer and simultaneously went into sajdah. Then he said the takbeer and simultaneously stood up erect without sitting.** [Abu Daud, Hadith no. 966]

Imaam Bayhaqi (ا لله رحمه) has recorded in his Sunan that this was the practice of Hazrat Abdullah Ibn Mas'ud (عنه ا لله رضي). Allaama Zayla'i (ا لله رحمه) has recorded in Nasabur Raayah that the same procedure was the practice of Hazrat Umar, Ali, Abdullah Ibn Zubeir and Abdullah Ibn Abbaas (رضي

(أجمع بين عنهم ا لله). (vol. 1, pg. 289)

Likewise Allaamah Turkumaani (ا لله رحمه) has recorded in Jauharun Naqi regarding several Sahaaba (أجمع بين عنهم ا لله رضي) that it was their practice that *after the first and third rakaat they would stand up straight from sajdah without sitting.* (vol. 1, pg. 125)

Tashahhud

Rasulullah (و سلم عليه ا لله صلى) is reported to have said: "When you sit during salaah (for Qa'dah Akheerah, the last Qa'dah) read the following:-

"All oral, physical and monetary worship is due to Allah alone. Salutations to you 'O Nabi, and the mercy and blessings of Allah be upon you. Peace be upon us and upon all the righteous servants of Allah. I bear witness that none is worthy of worship besides Allah and that Muhammad is his servant and messenger. Thereafter he would choose from the supplications whatever he wished." [Sahih Muslim, Hadith no. 402; Sahih Bukhari, chapter on Tashahhud].

Raising the Index Finger During Tashahhud

It is narrated that when Rasulullah (و سلم عليه ا لله صلى) **used to sit down to supplicate, (to recite tashahhud) he used to place his right hand on his right thigh and his left hand on his left thigh. He would indicate at the time of reciting the shahadah by raising his index finger. He would also join the ends of his thumb and middle finger (thereby forming a circle).** [Sahih Muslim, chapter on the description of sitting-Hadith no.579]

Durood Sharif

The Sahaabah-e-Kiraam (أجمع بين عنهم ا لله رضي) inquired from Rasulullah (و سلم عليه ا لله صلى) as to which durood should they recite (during salaah). Rasulullah (و سلم عليه ا لله صلى) replied: **"Recite the following durood- (trans: O Allah shower your mercy upon Muhammad and the family of Muhammad as you have showered your mercy upon Ibrahim and the family of Ibrahim. Behold, you are Praiseworthy, Glorious. O Allah shower your blessings upon Muhammad and the family of Muhammad as you have showered your blessings upon Ibrahim and the family of Ibrahim. Behold, you are Praiseworthy, Glorious.)"**

Raising Both the Hands and Making Dua

It is narrated that Abdullah Ibn Zubair (عنه ا لله رضي) saw a man raising his hands and making dua before completing his salah. When the person had completed his salaah, Hazrat Abdullah Ibn Zubair (عنه ا لله رضي) went up to him and said: **"Verily, Rasulullah (و سلم عليه ا لله صلى) used to only raise his hands and make dua after completing his salaah."** (the narrators of this Hadith are all trustworthy — Majmauz Zawaaid, vol. 1, pg. 169).

It is also mentioned in the Fataawa of Ahle Hadith (vol. 1, pg.190) as well as in Fataawa Nazeeriyaa (vol. 1, pg. 566) that in the light of the Sharia, *the dua after salaah is an authentically established practice and it is mustahab to do so.*

(Sifatun Salaah: The Method of Salaah in the Light of Authentic Ahadith, Shaykh Muhammad Ilyas Faisal)